



Team Building Information

Sequanota Lutheran Conference Center and Camp

Mailing Address:
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Boswell, PA 15531

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What is Team Building?

Through team building you learn each others strengths, interests, and weaknesses. It is a great way to enhance social relations and define roles within teams. Team Building activities can address interpersonal problems within a group. By working together to solve tasks, you can appreciate other peoples viewpoints.

Benefits of Team Building:

- Increases motivation
- Encourages creativity
- Strengthens collaboration
- Improves communication

Who Can Grow From Team Building? College/school clubs, sports teams, co-workers, etc.
Team building is for everyone.

Low Ropes Course & Team Building

Fee: \$200 Up to 24 participants.
\$5 for each additional participant.

Duration: 2 - 2.5 hours

Morning start time: between 9 and 10 AM.

Afternoon start time: between 1 and 2:30 PM.

Tower Climbing Wall & Zip Line

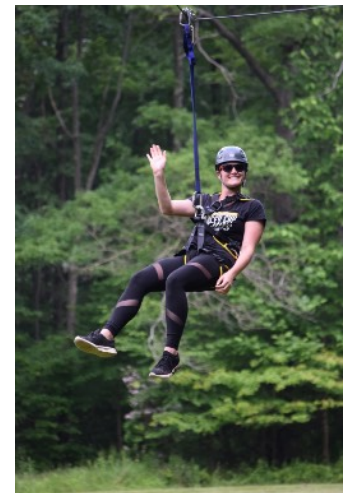
Fee: \$200 Up to 18 participants.
\$10 for each additional participant.

Duration: 2 - 3 hours

Meal Options

Bagged lunch: \$6 per person. Minimum fee of \$60.

Hot Meal: \$10 per person. minimum fee of \$80.



Sequanota is nestled in the Laurel Highlands of south central Pennsylvania. We welcome all faiths, schools, nonprofits, organizations, and more to our beautiful 390 acres of woods, trails and open fields by providing a quiet setting away from the busy-ness of daily life. Sequanota hosts retreats, meetings, reunions, training workshops, and team building activities.