## **SEQUANOTA BENEFIT 5K**



PROCEEDS WILL PROVIDE CAMP SCHOLARSHIPS THIS SUMMER. Our goal is to raise \$5,000!

There are two ways to make a pledge.

- 1. You can sponsor a participant a flat amount i.e. a \$20 donation.
- 2. You can pledge an amount for miles run/walked/hiked/skipped. For example, if you pledge \$10 a mile and your participant completes the 5K (3 miles), your donation would be \$30.

NAME	I WILL MAKE A DONATION OF	I WILL SPONSOR \$ PER MILE (TOTAL OF 3 MILES)	COLLECTED

TOTAL RAISED:	
---------------	--